



**Grades
4 - 6**



Junior Grades Lesson 1 Handout

Cyber Respect & Online Kindness

Complete the following KWL Chart (chart *Know, Want and Learned* chart)

What do I Know?	What do I Want to Know?	What have I Learned?

Online Kindness

Looks Like	<i>Write a post that represents online kindness.</i>
Feels Like	<i>How must it feel to experience online kindness?</i>
Does not Feel Like	<i>What feeling might someone have if they experience cyberbullying?</i>

**The Golden Rule for Internet Use:
Treat others the way you'd like to be treated.**

Be an “upstander,” not a “bystander”.



Kids Help Phone:

Contact by text message at 686868 or by phone at 1-800-668-6868 from across Canada, 24 hours a day, 7 days a week; or access their resources online: kidshelpphone.ca



Why might a student not feel comfortable being an Upstander?